

# Services Catch of the Month

## Youth Program Teaches Toddlers Soccer Skills

by Vanessa Reyes-Adame  
16th Services Marketing

At three years old most toddlers are learning the alphabet, forming complete sentences and learning to play soccer. Yes, soccer. Thanks to a nationwide youth program known as Start Smart, children are learning the fundamentals of a sport before actually joining it.

"It's important and helpful because it allows parents and children to work together in a developmentally appropriate program that teaches motor skill development and basic sports skills," said 16th Services Youth Sports Director, Jim Harriot.

Start Smart Soccer pairs children with parents as the child works on rudimentary skills such as running, dribbling and kicking. The program is designed as a one-on-one format to allow each child to work at his own pace without fear of competition or getting hurt.

"As each week goes by, the drills are made a little more challenging for the child so they are able to slowly progress in the development of their motor skills," added Mr. Harriot.

Chauntel Andrews' four-year old son Zachary participated in Hurlburt's Start Smart Baseball program last spring.

"It was easy, it was set up as a playtime for the kids really," she said. "The stations were set up very age appropriate."

Although the Start Smart program is patterned so parents guide their children along a particular sport, Andrews explained it was considerably different than teaching your child at home without a guide to follow.

"The big difference is that you're given a handbook that contains rules of playing and ways to teach them how to throw and such, she said. "They also give you supplies and the big advantage is that there are other children there...normally he's just playing with mom & dad, but now he gets used to playing with other kids," said Mrs. Andrews.

Mrs. Andrews isn't the only parent "getting with the program,"

Start Smart has seen a significant amount of success with over 700 Start Smart programs established across military installations in the United States and Europe.

Hurlburt Field currently offers soccer and baseball instructional programs, and is working toward establishing a similar basketball program. Start Smart Soccer registration is going on now through September 12. Children must be between the ages of 3 to 5 years old to enroll, and at least one parent or adult must accompany the child at practice sessions. Start Smart Soccer begins September 23 with sessions set for 1:30 pm at the Youth Center gymnasium. Practice sessions are every Tuesday for six weeks, with the program ending October 28. Cost is \$15 for each parent/child team.

If you'd like to learn more about Start Smart, please contact Jim Harriot 884-6355.



Hurlburt's Youth Soccer League playing on the Youth Center Soccer Field last fall.

### Skills Development Center 884-6942

Please call to pre-register and pre-pay for the following classes.

**New! Tuesdays, Saturdays- Sewing Classes:** Learn the basics of sewing plus patterns, fabrics, alterations and accessories to sewing. Tuesday class is from 4:30-7:30 p.m. and Saturdays from 10 a.m.- 1 p.m. Cost is \$10. Must be at least 18 years old to enroll. Instructor: Rhonda Moronez.

**New! Tuesdays- Freehand Drawing Classes.** Class is from 5:30- 7:30 p.m. Fee is \$10, plus supplies. Must be at least 14 years old to enroll. Supplies are available at SDC. Tentative class dates are September 9, 16, and 30. Instructor: Loretta Mendenian.

**New! Wednesday, Thursday- Wood Shop Project Nights:** Class is from 6- 7:30 p.m. Projects will be provided by Wood Shop. Cost is \$6 plus supplies. Must be at least 18 years old to enroll.

**Thursdays- Acrylic Painting classes are pending.** Class is from 5:30 -7:30 pm. Fee is \$28 plus supplies for four sessions per month. Instructor: Loretta Mendenian.

**September 6- Ceramic pouring class,** 10 a.m.-noon. Fee \$5.

**September 6-Watercolors Class:** Manatee theme. Cost is \$27 for this all-inclusive class. Instructor: Loretta Mendenian.

**September 27-Bob Ross Oil Painting class-** Egyptian and Moonlight Theme. Fee is \$35 plus supplies. Instructor: Robert Tindall. Must be at least 18 years old to enroll. Call for times.

**September 27- Ceramic Painting class,** 10 am - 12 noon. Theme is Ancient Metallics. Fee is \$5 for bisque and paint cost.

**September 30-Beginner Stained Glass classes start.** Tuesdays from 5:30- 7:30 p.m. Fee is \$50 for six sessions not including supplies. Supplies available at the SDC prior to first class. Must be at least 18 years old to enroll. Instructor: Darla Flowers.

### Services' Facility Hours & Information

<b>Base Library (Building 90337)</b> .....	884-6947
Mon-Thu: 9 a.m.-8 p.m., Fri-Sat: 9 a.m.-5 p.m.	
Sun: noon-5 p.m.	
<b>Base Pool (Building 90300)</b> .....	884-6866
Laps: Tue-Fri: 6-8 a.m., 11 a.m.-1 p.m.	
Lessons: Tue-Fri: 8-11 a.m.	
Water Aerobics: Tue-Fri: 11 a.m.-noon	
Open Swim: Fri: 1-9 p.m., Sat: 10 a.m.-6 p.m., Sun: noon-6 p.m.	
<b>Beachside Outdoor Rec. (Building 92473)</b> .....	884-6939
Daily: 9 a.m.-5 p.m.	
<b>Child Development Center (Building 90353)</b> .....	884-6664
Mon-Fri: 6:15 a.m.-5:30 p.m.	
<b>Commando Inn (Building 90509)</b> .....	884-3856
Open 24 hours a day, 7 days a week	
<b>Commando Flight Kitchen (Building 90747)</b> .....	884-6485
Open 24 hours a day, 7 days a week	
<b>Community Center (Building 90337)</b> .....	884-6948
Mon-Fri: 10:30 a.m.- 4 p.m.	
<b>Dive Club (Building 90920)</b> .....	884-6697
Mon, Fri: 5-7 p.m.	
<b>Family Child Care (Building 90337)</b> .....	884-2168
Mon-Fri: 8 a.m.-5 p.m.	
<b>Fitness Centers Main (Building 90517)</b> .....	884-6949
Mon-Fri: 5-1 a.m., Sat-Sun: 8 a.m.-6 p.m.	
<b>Commando Health &amp; Fitness (Building 90232)</b> .....	884-4412
Mon-Fri: 6 a.m.- 9a.m.	
<b>Gator Lakes Golf Course (Building 91300)</b> .....	881-2251
Mon: 8 a.m.-dusk, Tue-Fri: 7 a.m.-dusk, Sat-Sun: 6:30 a.m.-dusk	
<b>Mulligans (at Gator Lakes)</b>	
Mon-Fri: 7 a.m.-5 p.m., Sat, Sun, & Holidays: 6 a.m.-3 p.m.	
<b>Hooches:</b> Tue-Fri: 3 p.m.- Close	
<b>Enlisted Hooch (Building 90924)</b> .....	884-5838
<b>Officers' Hooch (Building 90919)</b> .....	884-6299
<b>Hurlburt Lanes Bowling Center (Building 90231)</b> .....	884-6941
Effective September 1	
Holiday Hours: noon - 10 p.m.	
Mon-Thu: 9 a.m.-10 p.m., Fri: 9 a.m.-11 p.m.	
Sat: 9 a.m.-midnight, Sun: Noon-10 p.m.	
<b>Spare Time Grill (at Hurlburt Lanes)</b> .....	884-6470
Effective September 1	
Mon-Thu: 6:30 a.m.-10 p.m., Fri: 6:30 a.m.- 11 p.m.	
Sat: 9 a.m.-midnight, Sun: Noon-10 p.m.	
<b>Information, Tickets, and Travel (Mini Mall)</b> .....	884-7848
Mon-Fri: 10 a.m.-3 p.m.	
<b>Leisure Travel (Mini Mall)</b> .....	581-0469
Mon-Fri: 10 a.m.-3 p.m.	
<b>J.R. Rockers (Building 90320)</b> .....	884-6469
Mon-Thu: 11 a.m.-11 p.m., Fri: 11 a.m.-mid	
Sat-Sun: 11 a.m.-11 p.m.	
<b>Marina (Building 92423)</b> .....	884-4097
Daily: 8 a.m.-5 p.m.	
<b>Oasis Café (Building 90747)</b> .....	884-1281
Mon-Fri: 10:30 a.m.-12:30 p.m., 4:30-6:30 p.m., 11 p.m.-1 a.m.	
<b>Recycling (Building 91360)</b> .....	884-7477
Mon-Fri: 7 a.m.-3:30 p.m.	
<b>Rifle &amp; Pistol Club (Building 90520)</b> .....	243-6726
1st & 3rd Wed: 6:30 p.m.	
<b>Skills Development Center (Building 90612)</b> .....	884-6942
Multi Crafts	
Tue, Thu: 4-7:30 p.m., Wed, Fri: 9 a.m.-4:30 p.m.	
Sat: Special Classes, Sun, Mon: Closed	
<b>Auto Skills Center (Building 90612)</b> .....	884-6674
Mon: 11 a.m.-6 p.m., Tue-Thu: 9 a.m.-8 p.m.	
Fri-Sun: 9 a.m.-4 p.m.	
<b>Frame Shop (Building 90612)</b> .....	884-5868
Tue-Thu: 9 a.m.-5:30 p.m., Fri, Sat: 9 a.m.- 4:30 p.m.	
<b>Plaque &amp; Trophy, Etc. (Building 90612)</b> .....	884-5294
Tue-Fri: 10 a.m.-4 p.m.	
<b>Wood Skills (Building 90612)</b> .....	884-7244
Tue-Thu: noon-7:30 p.m., Fri, Sat: 9 a.m.-4:30 p.m.	
<b>The Reef (Building 90326)</b> .....	884-7725
Daily: 6-8:30 a.m., 11 a.m.-1 p.m., 4-6:30 p.m.	
<b>The Soundside (Building 90910)</b> .....	884-7507
Mon-Fri: 8 a.m.-4 p.m., Sun: Brunch; 10 a.m.-1 p.m.	
<b>Teen Center (Building 90337)</b> .....	884-7397
Tue-Thu: 4-9 p.m., Fri, Sat: 4-11 p.m.	
<b>Velocity Subs (Building 90337)</b> .....	884-7365
Mon-Fri: 10:30 a.m.-2 p.m.	
<b>Youth Center (Building 90304)</b> .....	884-6355
Mon- Thu: 6:15 a.m.-8 p.m., Fri: 6:15 a.m.- 10 p.m.	
Sat: 1-10 p.m.	

### Disclaimer

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**Call 884-6469**

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